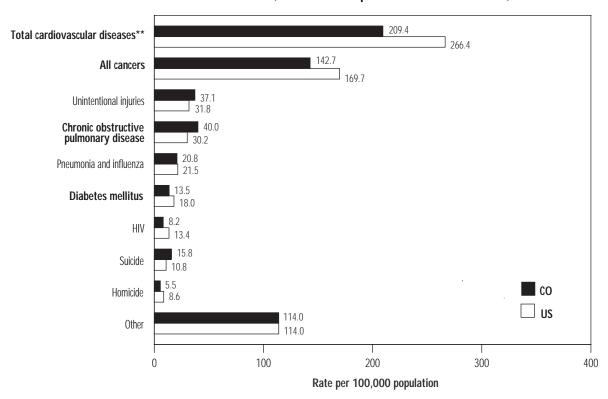
### Colorado: Most Common Causes of Death

- Total cardiovascular diseases (principally ischemic heart disease and stroke) are the most common cause of death in Colorado, all cancers are the second most common cause, chronic obstructive pulmonary disease is third, and diabetes is seventh.
- In 1995, 66% of all deaths in Colorado were due to the four most common chronic disease causes of death.
- The death rate for chronic obstructive pulmonary disease was higher in Colorado than in the United States; the death rates for total cardiovascular diseases, all cancers, and diabetes were lower.

#### Causes of Death, Colorado Compared With United States, 1995\*



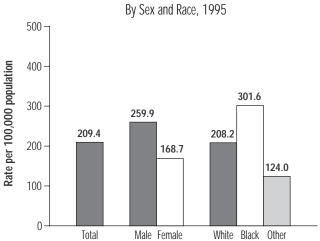
<sup>\*</sup>All data are age adjusted, 1970 total U.S. population.

<sup>\*\*</sup>Total cardiovascular disease death rates include rates of death due to ischemic heart disease (94.0 per 100,000 in Colorado and 135.2 per 100,000 in the United States) and rates of death due to stroke (36.2 per 100,000 in Colorado and 42.5 per 100,000 in the United States).

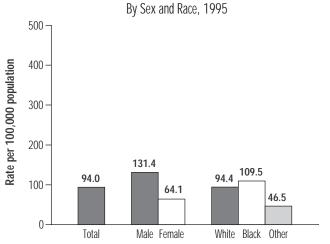
## Colorado: Cardiovascular Diseases

- Total cardiovascular diseases are the most common cause of death in Colorado, accounting for 35% of all deaths.
- Ischemic heart disease accounted for 45% of all cardiovascular disease deaths in Colorado in 1995; 3,889 people in Colorado died of ischemic heart disease.
- In 1995, 1,600 people in Colorado died of stroke.

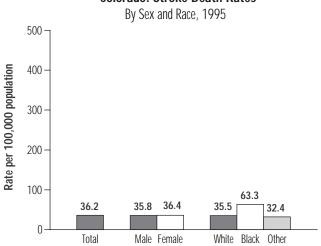
#### Colorado: Total Cardiovascular Disease Death Rates



#### Colorado: Ischemic Heart Disease Death Rates



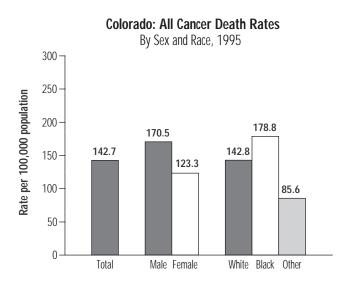
### Colorado: Stroke Death Rates

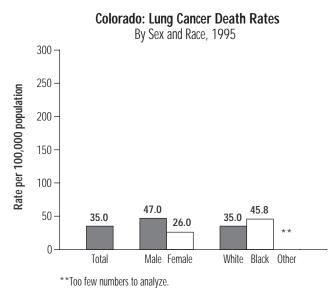


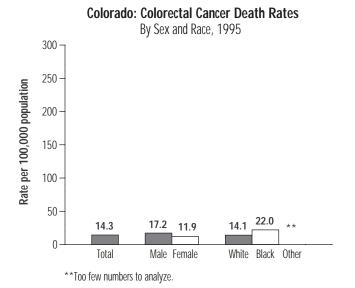
Note: All data are age adjusted, 1970 total U.S. population.

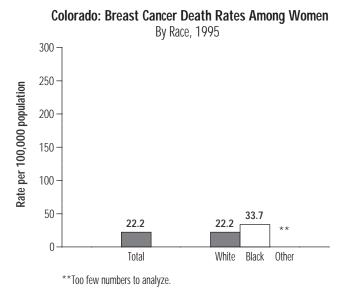
## Colorado: Cancer

- Cancer accounted for 24% of all deaths in Colorado in 1995; 5,467 people in Colorado died of cancer.
- In Colorado in 1995, 1,282 people died of lung cancer, 557 people died of colorectal cancer, and 484 women died of breast cancer.
- The American Cancer Society estimates that 1,600 new cases of lung cancer, 1,400 new cases of colorectal cancer, and 2,100 new cases of breast cancer will be diagnosed in Colorado in 1997.







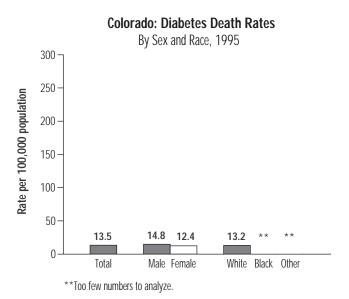


Note: All data are age adjusted, 1970 total U.S. population.

#### Colorado

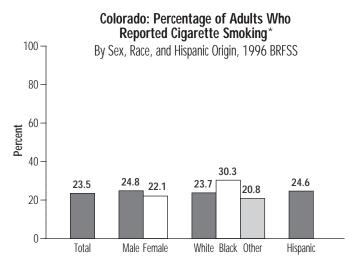
# Colorado: Diabetes

- In 1994, 84,107 adults in Colorado had diagnosed diabetes.
- Diabetes was the underlying cause of 535 deaths in Colorado in 1995.
- In 1993, diabetes was the most common contributing cause of 195 new cases of end-stage kidney disease in Colorado.
- Diabetes is believed to be underreported on death certificates, both as a condition and as a cause of death.

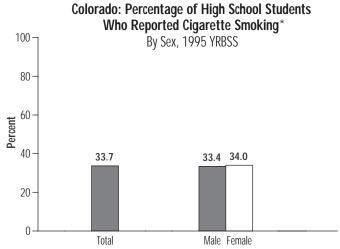


Note: All data are age adjusted, 1970 total U.S. population.

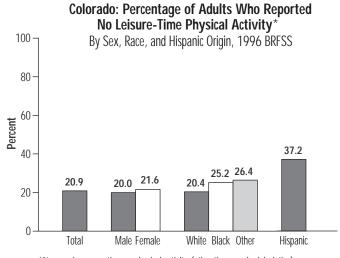
# Colorado: Risk Factors



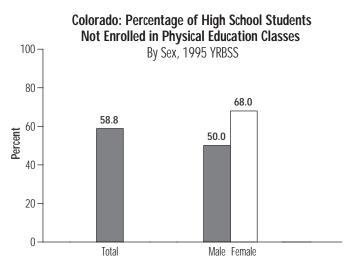
\*Ever smoked at least 100 cigarettes and now smoke every day or some days.



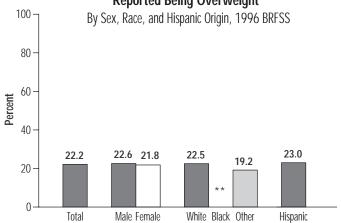
\*Smoked cigarettes on 1 or more of the 30 days preceding the survey.



\*No exercise, recreation, or physical activity (other than regular job duties) during the previous month.



### Colorado: Percentage of Adults Who Reported Being Overweight\*



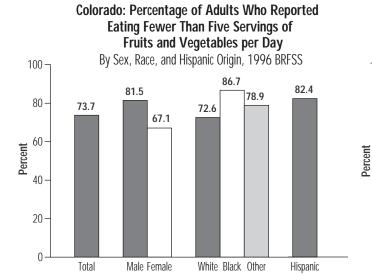
\*Body mass index  $\geq$  27.8 kg/m<sup>2</sup> for men and  $\geq$  27.3 kg/m<sup>2</sup> for women.

Note: All BRFSS data are provisional and age adjusted, 1970 total U.S. population.

#### Colorado

<sup>\*\*</sup>Too few numbers to analyze.

## Colorado: Risk Factors



Colorado: Percentage of High School Students
Who Reported Eating Fewer Than Five Servings of
Fruits and Vegetables on the Day Preceding the Survey

By Sex, 1995 YRBSS

70.7

70.7

73.6

67.9

73.6

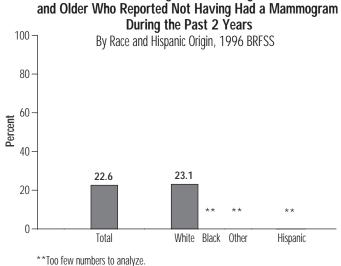
Male Female

20

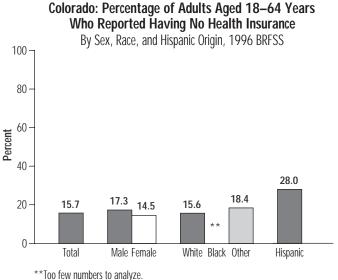
0

Total

# **Colorado:** Preventive Services



Colorado: Percentage of Women Aged 50 Years



Note: All BRFSS data are provisional and age adjusted, 1970 total U.S. population.